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David's Devotional

2021 has brought a new level of awareness of people taking care of their physical lives. Simple measures taken to decrease the spread of viruses have helped many to live free of sickness. *But what about people's spiritual health?* Has the past 12 months helped or hurt our spiritual lives? What are the "simple measures" we can take to insure that we live as free as possible from "sin sickness"? Please, read on ...



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passenger travel to/from the country was stopped. As the months ensued, health officials gained the ability to test locally for COVID. Week by week we read with great interest reports of "zero COVID". We continued praying for the nation and all our brethren, as they likewise continued to pray for us. While the world around them was falling victim to mass deaths, American Samoa remained COVID free but living under the duress of closed borders. Families and loved ones were separated. Severely ill patients couldn't seek care off island. While Sharon and I could continue working from the USA, other residents couldn't continue their jobs. Under intense pressure our government was managing a crisis that had the potential of doing great harm to the citizens of this small Pacific Island nation - a place that we've called home for the past 31 years. (see pg 2)

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way (Matt 7:13-14). (5) Wash your hands often... and purify your hearts (James 4:8) with the pure water (Heb 10:22). (6) Cover coughs and sneezes, and let nothing corrupt come out of your mouth (Eph. 4:29 ; Ps 141:3). (7) Clean and disinfect frequently touched surfaces daily, and do not touch what is unclean (2 Cor 6:17). (8) Monitor your (physical) health daily and examine yourselves, to see whether you are in the faith (1 Cor 13:5).



